

CONNECTICUT GASTROENTEROLOGY ASSOCIATES, P.C.

COLONOSCOPY-GOLYTELY PREP

1. Obtain “Golytely” from the pharmacy and mix in one gallon of water 2 days before the procedure. Refrigerate it overnight. (Golytely is a prescription drug and we have attached a written prescription for you to take to the pharmacy).
2. The day before the procedure, you are NOT allowed solid foods, ONLY liquids. Starting at 4:00 p.m. the evening before the procedure, drink the Golytely mixture, it will take you about 4 to 5 hours to drink the ENTIRE gallon. You may also drink any other CLEAR liquids (i.e. you must be able to see the bottom of the glass through any of the other liquids that you will be drinking during the day).
3. Nothing to eat, drink or smoke from midnight.
Remain fasting.