

CONNECTICUT GASTROENTEROLOGY ASSOC., PC

COLONOSCOPY PREPARATION-USING HALFLYTELY SOLUTION

Before beginning the following steps, have your prescription for **HalfLyteLy & Bisacodyl Tablets Bowel Prep Kit** filled.

You are to stop the following medication 5 days prior to the procedure:

Iron, Persantine, Aspirin or aspirin containing products, Bufferin Arthritis Medications, Blood thinning agents (example: Plavix, Heparin)

You do not need to stop any other medications.

If you are taking Coumadin, medications for diabetes or suffer from chronic lung or heart conditions, call our office for further instructions by the doctor.

THE DAY BEFORE THE EXAM

1. In the morning, prepare your **HalfLyteLy** according to the instructions on the package and refrigerate. Have a clear liquid breakfast.
2. Have a clear liquid lunch. **Clear liquids will consist of anything that you can hold up to a light and see through, i.e.:** Soda (Sprite/7UP/Ginger Ale), coffee or tea, but without milk products. Clear fruit juices: apple, grape, cranberry. Bouillon (canned or cubes), plain Jell-O: lime, orange, pineapple, or any Jell-O except Red Jell-O. Do not drink juices with pulp such as orange or grapefruit juice.
3. You should NOT eat any food after your clear liquid lunch.
4. At 5 p.m. **Take all (2) Bisacodyl tablets with water and begin drinking HalfLyteLy Solution** as instructed – **8 oz. Every 10-15 minutes – until bottle is empty.** Rapidly drinking a glassful is better than sipping an ounce or two at a time).
 - Be sure to drink ALL of the solution.
 - If you have severe discomfort or distention (bloating), stop drinking the solution for a while or wait longer between drinking each glass until the discomfort goes away.
 - It will take approximately 1 ½ hours to finish the solution. Diarrhea will continue for about 1 hour after you finish drinking the solution.
5. **DO NOT EAT OR DRINK AFTER MIDNIGHT THE DAY PRIOR TO YOUR EXAM!**

THE DAY OF THE EXAM

1. You must be accompanied by a friend or relative to drive and/or assist you home.
2. You may take your medications on the morning of the exam except as indicated above.

IF A LAB SLIP IS INCLUDED, PLEASE HAVE THE LAB TESTS PERFORMED AS SOON AS POSSIBLE