

DATE: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_

Manchester Hospital Ambulatory  
4 Guard St.  
Manchester CT  
Phone: 860-647-6464

Bloomfield Ambulatory Center  
580 Cottage Grove Rd. Suite 211  
Bloomfield CT  
Phone: 860-242-2193

MIRALAX COLONOSCOPY PREP INSTRUCTIONS

**Tell your GI provider if you are on ANY blood thinners such as (PLAVIX, COUMADIN, ELIQUIS, XARELTO, BRILINTA) ALSO Speak to your PCP/CARDIOLOGIST about stopping your blood thinner medication(s) prior to procedure.**

**\*\*DIABETIC PATIENTS- DO NOT use insulin or diabetic medications on the day of the procedure- AVOID sugar free items the day before your procedure, otherwise you will have low blood sugar.**

**AS SOON AS YOU WAKE UP ON \_\_\_\_\_ YOU CAN ONLY HAVE:**

Water, apple juice, lemonade, BLACK coffee, BLACK tea, chicken/vegetable BROTH, yellow or green Gatorade, and yellow or green Jell-O. (NOTHING RED OR PURPLE)

At \_\_\_\_\_ on \_\_\_\_\_

- Mix Miralax packets/container into 64oz of water **ONLY DRINK HALF** (32oz) save the other half for later.
- Take 2 dulcolax(aka bisacodyl) and 2 simethicone(aka Gas X) with your first 32 oz of miralax.

At \_\_\_\_\_ on \_\_\_\_\_

- Drink the other 32oz miralax mix.
- Take 2 dulcolax(aka bisacodyl) and 2 simethicone(aka Gas X) with your second 32oz mix.

**\*NOTHING BY MOUTH 3 HRS BEFORE YOUR PROCEDURE.**

**\*\*The day of your procedure you will need a ride to and from the facility\*\***

Remove ALL Jewelry before procedure.

If you have asthma-bring your Inhaler to the facility.

Take blood pressure and seizure med(s) with small sips of water the day of procedure.

**IMPORTANT!**

To avoid \$100 cancellation fee please call Dr. Skopic's office 5 business days prior to procedure to cancel and or reschedule.

COLONOSCOPY CODE-45378

ENDOSCOPY CODE-43235

YOU ARE RESPONSIBLE FOR CHECKING YOUR FULL COVERAGE WITH INSURANCE CARRIER BEFORE SCHEDULING ANY OUTPATIENT PROCEDURE!

SUPREP COLONOSCOPY PREP INSTRUCTIONS

**!!Speak to your PCP/CARDIOLOGIST about stopping your blood thinner medication(s) prior to procedure.**

**\*\*DIABETIC PATIENTS- DO NOT use insulin or diabetic medications on the day of the procedure- AVOID sugar free items the day before your procedure, otherwise you will have low blood sugar.**

**AS SOON AS YOU WAKE UP ON \_\_\_\_\_ YOU CAN ONLY HAVE:**

Water, apple juice, lemonade, BLACK coffee, BLACK tea, chicken/vegetable BROTH, yellow or green Gatorade, and yellow or green Jell-O. (NOTHING RED OR PURPLE)

At \_\_\_\_\_ on \_\_\_\_\_

- Take 1 prefilled container of suprep mix w/ water equaling 16 oz and drink up.
- Then take 2 dulcolax(aka bisacodyl) and 2 simethicone(aka Gas X.)
- Drink 32 oz over the 3 hrs.

At \_\_\_\_\_ on \_\_\_\_\_

- Take the other prefilled suprep container and mix with water equaling 16 oz and drink up.
- Then take 2 dulcolax(aka bisacodyl) and 2 simethicone(aka Gas X.)
- Drink 32 oz over the 3 hrs.

**\*NOTHING BY MOUTH 3 HRS BEFORE YOUR PROCEDURE.**

**\*\*The day of your procedure you will need a ride to and from the facility\*\***

Remove ALL jewelry before procedure.

If you have asthma-bring your inhaler to the facility.

Take blood pressure and seizure med(s) with small sips of water the day of procedure.

**!IMPORTANT!**

To avoid \$100 cancellation fee please call Dr. Skopic's office 5 business days prior to procedure to cancel and or reschedule.

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ARRIVAL TIME:	FIRST PREP:	SECOND PREP:
6:30 am	9:30 Pm	12:30am
7:00 am	10:00 pm	1:00 am
7:30 am	10:30 pm	1:30 am
8:00 am	11:00 pm	2:00 am
8:30 am	11:30 pm	2:30 am
9:00 am	12:00 am	3:00 am
9:30 am	12:30 am	3:30 am
10:00 am	1:00 am	4:00 am
10:30 am	1:30 am	4:30 am
11:00 am	2:00 am	5:00 am
11:30 am	2:30 am	5:30 am
12:00 pm	3:00 am	6:00 am
12:30 pm	3:30 am	6:30 am
(Night before procedure)		

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ARRIVAL TIME:	FIRST PREP:	SECOND PREP: (please finish second prep within 1 hour)
1:00 pm	6:00 am	8:00 am
1:30 pm	6:00 am	8:00 am
2:00 pm	6:00 am	8:00 am
2:30 pm	6:00 am	8:00 am
3:00 pm	6:00 am	8:00 am
3:30 pm	6:00 am	8:00 am
(Day of procedure)		